



# Senior Volunteer News

RSVP & Foster Grandparent Program of Curry County

## *Commission*

*Angelina Baca · District 1*  
*Ben L. McDaniel · District 2*  
*Chet Spear · District 3*  
*Vacant · District 4*  
*Robert Thornton · District 5*

## *Administration*

*Lance A. Pyle*  
*County Manager*

## *RSVP & FGP Staff*

*Suzanne Zamora*  
*Program Director*  
*Susan Alman*  
*Program Assistant*

## *Curry County Senior Centers*

<i>Baxter</i>	<i>762-3631</i>
<i>Friendship</i>	<i>769-7913</i>
<i>Grady</i>	<i>357-2009</i>
<i>La Casa</i>	<i>762-8110</i>
<i>Melrose</i>	<i>253-4261</i>
<i>Texico</i>	<i>482-3835</i>

# December, 2017



Curry County

Retired & Senior Volunteer Program (RSVP)

&

Foster Grandparent Program (FGP)

417 Gidding St. Suite 100

Clovis, NM 88101

575-763-6009

[www.currycounty.org](http://www.currycounty.org)





## Senior Corps Pledge

*I will get things done for America – to make our people safer, smarter, and healthier.*

*When faced with a pressing challenge, I will bring Americans of all generations together to strengthen our communities.*

*When faced with children at risk, I will help them stay in school and on track for a brighter future.*

*When faced with older adults in need, I will provide support and compassion so they may age with grace and dignity.*

*Working for the greatest good, I will use my lifetime of experiences to improve my country, my community, and myself through service.*

*I am a Senior Corps (Retired & Senior Volunteer or Foster Grandparent) volunteer, and I will get things done.*





**RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP)  
AND  
FOSTER GRANDPARENT PROGRAM (FGP)  
ADVISORY COUNCIL**  
(in alphabetical order)

<b>Susan Alman</b>	<b>Curry County Program Assistant</b>
<b>Lucy Barela</b>	<b>Retired &amp; Senior Volunteer Program</b>
<b>Erin Burch</b>	<b>United Way of Eastern New Mexico</b>
<b>Yvonne Light</b>	<b>Texico Senior Center Director</b>
<b>Roy Martin</b>	<b>Parkland Baptist Church</b>
<b>Rose Ann Martinez</b>	<b>Foster Grandparent Program</b>
<b>Doria Rey</b>	<b>Curry County Grants Specialist</b>
<b>Barbara Singleton</b>	<b>Retired &amp; Senior Volunteer Program</b>
<b>Suzanne Zamora</b>	<b>Curry County Program Director</b>

# DECEMBER BIRTHDAYS!

Bertha Boyden	December 5
Jovita Sepeda	December 10
Juan Tapia	December 17
Jane Madrid	December 21
Marie Massey	December 24
Sandra Stalcup	December 24
Margie Romero	December 29



Graphic from freeclipart.com

**RECOGNITION FOR THE OCTOBER  
TIMESHEET DRAWING!**

**Bonnie Barkley**  
Baxter Curren Senior Center

**Modesta Cantu**  
La Casa Senior Center

**Larry Duncan**  
Texico Senior Center

**Becky Hahn**  
PRMC

*In the spirit of the holidays, in place of the usual timesheet drawing for November, all registered RSVP members who submit a November timesheet will receive recognition in December.*

Promotion Sponsored by:  
Curry County Retired and Senior Volunteer Program (RSVP)  
417 Gidding St. Suite 100, Clovis, NM 88101  
Phone (575) 763-6009

**Curry County  
Retired & Senior Volunteer and Foster Grandparent  
Annual Recognition Luncheon**

Curry County Retired & Senior Volunteers and Foster Grandparents were honored with a luncheon on November 18, 2017 at the Grand Haven Event Center in Clovis. In attendance were approximately 100 people. Curry County Manager Lance Pyle began the event by welcoming the volunteers. He gave the guests a brief history on both programs. The [Retired & Senior Volunteer Program \(RSVP\)](#) was established in 1971 and is now one of the largest senior volunteer organizations in the nation, RSVP engages more than 208,000 people age 55 and older nationwide in a diverse range of volunteer activities. Curry County RSVP currently has 102 members serving in 11 volunteer stations throughout the county. The [Foster Grandparent Program \(FGP\)](#), which began in 1965 nationwide, provides loving and experienced tutors and mentors to children and youth with special needs. There are currently 10 Foster Grandparents serving in kindergarten to fifth (5<sup>th</sup>) grade classrooms and there is currently funding for two more.

Mr. Pyle also told the guests “We are excited to have you here and have the opportunity to thank you for your service to our community. You are invaluable members of our program and a tremendous gift to the community”. Curry County Commissioners Chairman Ben McDaniel and Vice Chairman Angelina Baca also spoke at the event and both expressed their gratitude and appreciation for the positive impact volunteering has in our community. Certificates of Recognition and a gift of appreciation were presented to each volunteer in attendance. Curry County has had the privilege of maintaining a Retired Senior Volunteer and Foster Grandparent Program for over 23 years. Both programs receive federal funding from the Corporation for National Service (CNCS), state funding from New Mexico Aging and Long Term Services Department (ALTSD), and local funding from Curry County.

The invocation was given by Roy Martin, Minister of Music at Parkland Baptist Church and RSVP/FGP Advisory Council Member. Also attending were Advisory Council Members Lucy Barela, Rose Ann Martinez and Yvonne Light. The lunch was a scrumptious thanksgiving menu catered by Cotton Patch.

All of the pictures taken that evening have been posted on the Curry County RSVP/FGP website at [currycountyseniors.com](http://currycountyseniors.com) and [currycounty.org](http://currycounty.org) but here is a sampling.







# DECEMBER IS NATIONAL DRUNK & DRUGGED DRIVING AWARENESS MONTH!

It's that time of year again! Yes, that's right, it's December, and Christmas. It's the time of year when everybody is getting into the festive and holiday Christmas spirit.

December is National Drunk and Drugged Driving Month. Every holiday season, people have to deal with the increased pressures and stress that the holidays place upon most of us. Whether we're traveling to be with family or doing our last-minute gift buying, most people feel under pressure during the holidays.

As you might suspect, the holiday season then becomes one of the most dangerous times of the year for alcohol and drug related accidents and death.

In an average year, 30 million Americans drive drunk, and 10 million Americans drive impaired by illicit drugs. According to MADD drunk driving costs the United States \$199 billion a year.

After alcohol, marijuana is the drug most often linked to drugged driving. Tests for detecting marijuana in drivers measure the level of *delta-9-tetrahydrocannabinol* (THC), marijuana's active ingredient, in the blood.

The effects of specific drugs differ depending on how they act in the brain. For example, marijuana can slow reaction time, impair judgment of time and distance, and decrease motor coordination. Drivers who have used cocaine or methamphetamine can be aggressive and reckless when driving. Certain kinds of sedatives, called benzodiazepines, can cause dizziness and drowsiness, which can lead to accidents.

There can be a misconception that driving under the influence of marijuana or a prescription medication is somehow safer than driving while impaired by alcohol. The bottom line is impaired is impaired.

Drunk and drugged driving can result in horrible tragedies and loss of life.

Have a safe and merry holiday season.....

*'Tis the Season to Be Careful Out There'*

References: MADD, NIDA, CDC and NHTSA

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Curry County  
Health Council

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# Christmas Tree

Find and circle all of the Christmas Tree words that are hidden in the grid.  
The remaining 53 letters spell a secret message.

T S T N E S E R P D N L L A M S G  
T O P P E R P I N E W I H R E D R  
O T E V I T S E F C O G R E R N E  
F R E S H C U T E O D H A T A A E  
D D N A T S I G T R G T T A I L N  
O S N A O F R H A A N S S W V R I  
E S N N M A G A R T I F I C I A L  
S E A O L E G N A E K C H R Y G S  
A T M S I I N O I T A R B E L E C  
H T S R E T T T R D T M A A N S S  
C I S T A L A A S R E R G A R E E  
R N E P O F D R E T L C C I H R L  
U G K I R I E E O Y R Y E C F E G  
P U I N T U L E E C D I N M S T L  
N P A I U O C T R N E A K N B A S  
E D O I T R N E A T R D I S E E G  
E N S C E N T C R B M T A R N Y R

ANGEL  
ARTIFICIAL  
BRANCHES  
CANDY CANES  
CELEBRATION  
DECEMBER  
DECORATE  
DECORATIONS  
FESTIVE  
FRESH CUT

GARLAND  
GIFTS  
GREEN  
LARGE  
LIGHTS  
NEEDLES  
ORNAMENTS  
PINE  
PRESENTS  
PURCHASE

REAL  
SCENT  
SETTING UP  
SKIRT  
SMALL  
SPRUCE  
STAND  
STAR  
TAKING DOWN  
TINSEL

TOPPER  
TRADITION  
TREE FARM  
TREE LOT  
TRUNK  
WATER  
YEARLY



## Microwave Marshmallow Fudge Recipe



A batch of this smooth fudge can be made in minutes, so it's perfect for a bake sale when time is short. But it's so easy, you can fix it anytime you're craving a sweet treat. Use different flavors of frosting and chips for variety.—Sue Ross, Casa Grande, Arizona

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**TOTAL TIME:** Prep: 15 min. + chilling

**YIELD:** 81 servings

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### Ingredients

- 1 teaspoon butter
- 1 can (16 ounces) chocolate frosting
- 2 cups (12 ounces) semisweet chocolate chips
- 1/2 cup chopped walnuts
- 1/2 cup miniature marshmallows

### Directions

1. Line a 9-in. square pan with foil and grease the foil with butter; set aside. In a microwave, melt frosting and chocolate chips; stir until smooth. Stir in walnuts; cool for 10 minutes. Stir in marshmallows. Transfer to prepared pan. Cover and refrigerate until firm.
2. Using foil, lift fudge out of pan. Discard foil; cut fudge into 1-in. squares. Store in an airtight container in the refrigerator.  
**Yield:** about 2 pounds.

### Nutritional Facts

1 piece: 51 calories, 3g fat (1g saturated fat), 0 cholesterol, 17mg sodium, 6g carbohydrate (5g sugars, 0 fiber), 0 protein.

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