



Senior Volunteer News

RSVP & Foster Grandparent Program of Curry County

Commission

Angelina Baca · District 1

Ben L. McDaniel · District 2

Chet Spear · District 3

Vacant · District 4

Robert Thornton · District 5

Administration

Lance A. Pyle

County Manager

RSVP & FGP Staff

Suzanne Zamora

Program Director

Susan Alman

Program Assistant

January, 2018



Curry County Senior Centers

Baxter (575) 762-3631

Friendship (575) 769-7913

Grady (575) 357-2009

La Casa (575) 762-8110

Melrose (575) 253-4261

Texico (575) 482-3835



Curry County
Retired & Senior Volunteer Program (RSVP)

&

Foster Grandparent Program (FGP)

417 Gidding St. Suite 100

Clovis, NM 88101

575-763-6009

szamora@currycounty.org

SENIOR CORPS PLEDGE

I will get things done for America – to make our people safer, smarter, and healthier.

When faced with a pressing challenge, I will bring Americans of all generations together to strengthen our communities.

When faced with children at risk, I will help them stay in school and on track for a brighter future.

When faced with older adults in need, I will provide support and compassion so they may age with grace and dignity.

Working for the greatest good, I will use my lifetime of experiences to improve my country, my community, and myself through service.

I am a Senior Corps (Retired & Senior Volunteer or Foster Grandparent) volunteer, and I will get things done.



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**RETIRED & SENIOR VOLUNTEER PROGRAM (RSVP)
AND
FOSTER GRANDPARENT PROGRAM (FGP)
ADVISORY COUNCIL**
(in alphabetical order)

Susan Alman	Curry County Program Assistant
Lucy Barela	Retired & Senior Volunteer Program
Erin Burch	United Way of Eastern New Mexico
Yvonne Light	Texico Senior Center Director
Roy Martin	Parkland Baptist Church
Rose Ann Martinez	Foster Grandparent Program
Doria Rey	Curry County Grants Specialist
Barbara Singleton	Retired & Senior Volunteer Program
Suzanne Zamora	Curry County Program Director

JANUARY BIRTHDAYS!

Esther Hall	January 7
Virginia Steinle	January 18
Cleo Duran	January 19
Maria Arredondo	January 21
Lucy Madrid	January 21
Norma Nagel	January 27
Maria Julia Lueras	January 28



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CURRY COUNTY FOSTER GRANDPARENT PROGRAM HIGHLIGHTS

The Curry County Foster Grandparent Program had their monthly In-Service meeting on Friday, December 15, 2017 in the Conference Room located at the Curry County Administration Complex at 417 Gidding St., Clovis NM.

This month's guest speaker was Janice Martinez from MECA Therapies of Clovis who spoke to the members about the many resources available through her agency in particular the child developmental screening program and the importance of screening for children prior to beginning school. She told the group that many children enter school each year with developmental problems that can be recognized and helped with if developmental screening is done early before reaching school age. This was of great interest to the Foster Grandparents as the children they assist in the classroom are children with special needs. The developmental screening program offered by MECA Therapies is for children from one month to three years of age and is available free of charge.

Refreshments were served during the "Roundtable Discussion" part of the meeting. This is part of the meeting where the "Grandmas" share and discuss individual trials and triumphs with their service. It is also a time for our veterans to share their experience and knowledge with new Foster Grandparents.

This year we have three new Foster Grandparents. **Margie Romero** is serving at Highland Elementary, **Ruby Chavez** is at Lockwood Elementary and **Cleo Duran** is at James Bickley Elementary. We would like to take this opportunity to welcome them and look forward to working with them. If you are interested in joining our Foster Grandparent Program, please contact Susan or Suzanne at 575-763-6009.



DR. MARTIN LUTHER KING JR.

DAY OF SERVICE

JANUARY 15, 2018

RSVP and FGP volunteers and staff plan on partnering with the [Clovis Dr. Martin Luther King Jr. Commission](#) again this year to honor Dr. Martin Luther King Jr. and his legacy.

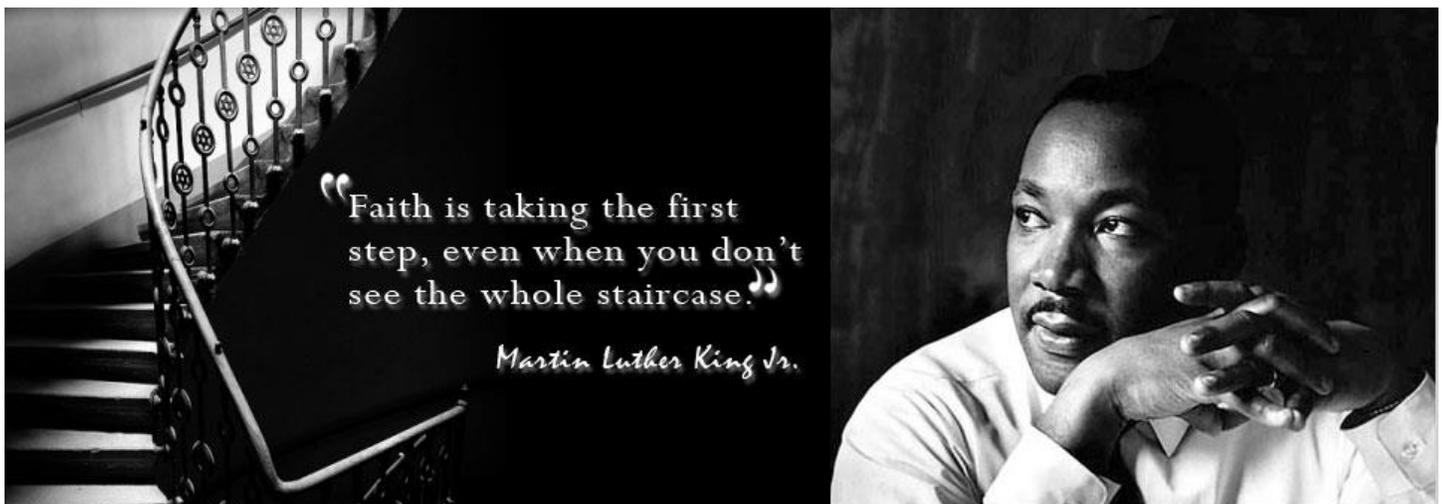
We will present a proclamation recognizing the Martin Luther King Jr. Holiday as a Day of Service in Curry County on January 11, 2018 at 9:00 am during the Curry County Commission monthly meeting in the Commission Room at the Curry County Administration Complex, 417 Gidding St. Clovis NM. You are invited to attend.

Our volunteers will assist with the annual Dr. Martin Luther King Jr. Scholarship Breakfast on Saturday, January 13, 2018 in the Clovis High School Cafeteria. This is a community event and open to the public. Tickets are \$10 and proceeds go to the MLK Scholarship Fund which is used to award local high school seniors who attend college.

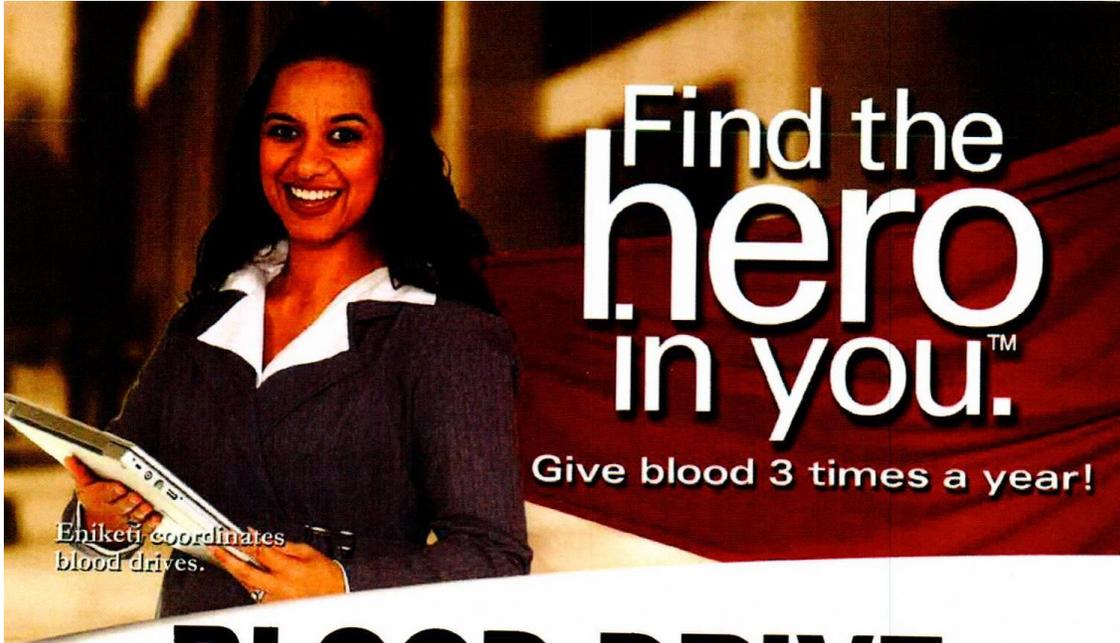
We will also be present at the Dr. Martin Luther King Jr. Commemorative Walk on Dr. Martin Luther King Jr. Day of Service at Potter's Park in Clovis on January 15, 2017.

Curry County RSVP/FGP staff is compiling a list of volunteers to help with the annual MLK Breakfast Scholarship on Saturday, January 13, 2018 and Commemorative Walk on Monday, January 15, 2018. Both events are hosted by [Clovis Dr. Martin Luther King Jr. Commission](#).

If you would like to help with either or both events, please contact Susan or Suzanne at 575-763-6009 or by e-mail at szamora@currycounty.org.



JANUARY IS NATIONAL BLOOD DONOR MONTH



BLOOD DRIVE Curry County Offices

Friday, January 5
10:00AM to 2:00PM
Bloodmobile

amazon.com
iTunes
Target
Sears
Kohl's
NAPA
Jiffy Lube
Darden
Ice cream
Gift Certificates
and More!
Make an appointment online and earn an extra 100 points!

Call Susan Alman at 763-6016 to sign up!
www.bloodhero.com | Sponsor Code: cco
877-UBS-HERO (877-827-4376)

 **United Blood Services**
BS210C (1/11)

Please bring photo ID and donor card.
Free cholesterol testing with every donation!

SAVE TIME! Complete your
FASTTRACK Health History
the day you donate at
www.UnitedBloodServices.org

This page sponsored by.....



Curry County
Health Council



Easy Banana Bread

Easy to make and a healthy snack or dessert to enjoy during anytime of the year.

Ingredients

- 1/2 cup nonfat sour cream
- 3 large very ripe bananas
- 1 box yellow cake mix
- 2 eggs, oil and water per directions on cake mix
- Cooking spray
- 2 Tbsp. flour
- 1/2 cup walnuts, chopped

Directions

1. Preheat oven to 325°F
2. Spray a loaf pan with cooking spray. Then flour the pan. Set aside.
3. Follow instructions on cake mix box and add ingredients and beat until blended.
4. Then add nonfat sour cream, bananas and chopped walnuts to cake mix and whip for 2 minutes
5. Pour batter into loaf pan.
6. Bake in oven for 1 hour or until a toothpick inserted in the middle comes out clean. Let banana bread cool 10 minutes in pan. Lift out with a large spatula and let cool another 10 minutes before slicing

Happy New Year

Find and circle all of the words that are hidden in the grid.

The remaining letters spell the name of a popular location for celebrating New Year's Eve.

S E I B A B N E W Y E A R S E V E Y
G C H A M P A G N E T Y I M N S T T
E N S S U E T H C D A N C E D R H R
S Q I N F E T O O D M U A Y O E I A
E F C G F I N A S L S U E R F K R P
D H E F N F R R R R I A S E D A T S
A I U S E I A S E B R D N I E M Y K
R B B T T E S M T I E S A F C E F R
A M T A Y I A N N O R L A Y E S I O
P I S W L E V R O E F T E E M I R W
N D E A R L E I N I H J V C B O S E
D N E T R V O N T E T E A S E N T R
A I S W I A A O R I N A S N R O H I
Y G Y E O B I T N T E I R R U K C F
O H W I N E I T S S K S I O H A T S
N T Y L I M A F N O I S A C C O R T
E T S A E F S N O I T U L O S E R Y
S R E Z I T E P P A Y F R I E N D S

APPETIZERS
BABIES
BALLOONS
BANNERS
BUFFET
CELEBRATE
CHAMPAGNE
CONFETTI
DANCE
DAY ONE

DECORATIONS
END OF
DECEMBER
EVENTS
FAMILY
FATHER TIME
FEAST
FESTIVITIES
FIREWORKS
FIRST OF
JANUARY
FRIENDS

HATS
HOLIDAY
HORNS
KISS
MIDNIGHT
MUSIC
NEW YEARS DAY
NEW YEARS EVE
NOISEMAKERS
OCCASION

PARADES
PARTY
PUNCH
RESOLUTIONS
SINGING
STREAMERS
THIRTY FIRST
TIARAS
WINE
YEAR IN REVIEW

MEDICAID

QUESTIONS, ANSWERS, RENEWAL & ENROLLMENT

NOVEMBER 16TH, DECEMBER 14TH, JANUARY 18TH

TIME: 1-4 PM

LOCATION: MATT 25 HOPE CENTER

1200 N. THORNTON ST. CLOVIS, NM

PLEASE BRING THE FOLLOWING DOCUMENTS IF POSSIBLE:

- Applicants Picture ID
- Birth Certificate
- Social Security Card
- Health Insurance Card (if applicant has private insurance)
- Proof Of Income (check stubs, or letter of support for the past 30 days)
- Utility Bill, lease agreement or letter of residency for address verification

For More information call 575 910-1319

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