



Curry County Health Council

Meeting Minutes Regular Monthly Meeting September 19, 2019

The Regular monthly meeting of the Curry County Health Council was called to order by Chair Person Tanya Henderson at 12:00 pm on Thursday, September 19, 2019. The meeting was held in the Commission Room at the Curry County Administrative Complex, 417 Gidding Street, Clovis, NM.

In Attendance:

Rose Ann Martinez	Curry County FGP, CCHC Co- Chairperson
Doria Rey	Curry County Grants
Susan Alman	Curry County Health Council
Tanya Henderson	Curry County OSAP
Scott Brown	Trustpoint Hospital
Laura Leeder- Martinez	United Way
Erinn Burch	United Way
Shelley Meeks	Curry County Grants
Carissa Caroland	Clovis Schools
Elizabeth Sanchez	ALTSD
Alexa Perez	Arise SAS
Cathy Wehlage	Compassus Hospice
Debbie Gentry	DOH
Christine Amicone	DOH/PHD SE. Region
Mellisa Mileg	La Casa Family Health Center
Shelley Meeks	Curry County DWI
Brionna Blue	Income Support Division
Ruthann Kelly	City of Clovis-Senior Services
Ally Nieto	Arise SAS
Janette Chavez	Out of the Darkness Walk
Lisa Yourko	DOH SE Region
Fernando Madrid	X-Press Care
Suzanne Oborn	United Allergy
Marcos "Nito" Hicks	Epilepsy Foundation

Approval of Minutes –Rose Ann Martinez moved to approve meeting minutes of August 15, 2019 second by Carissa Caroland.

Health Council Coordinator's summary of completed events – Susan Alman

Alman provided an update to the members for recently completed events which was the Proclamation given to County Commissioners meeting on Tuesday, September 3, 2019 on Suicide Prevention Month.

Health Council Coordinator's summary of upcoming events – Susan Alman

Alman stated that the Out of the Darkness Walk for September 28, 2019 was first on the list then the October Proclamation on Domestic Violence Month read by Donna Horton on October 1, 2019.

Financial Report –Scott Brown, Treasurer, provided the financial report: Current balance (as of September 9, 2019) of the Wellness Council fund is \$7131.61 Brown stated that \$265.95 was spent on sun screen for various event as promotional item. Brown went on to reiterate the need of a purchase order placed before any purchase of any item over \$50.

Open Issues

Chair Henderson informed the council that we are still in need of a Volunteer Data Collector. Erinn Burch asked for some clarification on this opening and Henderson explained that it was someone from our membership willing to keep reports and numbers and statistics necessary for grants. Debbie Gentry stated that being able to look back at an event to see what worked and what we need to expand on. A sign-in sheet was suggested to help keep track. No one volunteered.

New Business

Erinn Burch gave an update on the sub-committee meeting on the film “The Ripple Effect” and how best to use the film if we were to borrow it from Santa Rosa County Health Council who own the rights to offer public showings of the film. At the time of the sub-committee meeting Roosevelt County had met with Santa Rosa Co. and decided to buy the same rights to the film as Santa Rosa County Health Council. Burch also stated that that the Roosevelt County Suicide Prevention Committee were in favor of allowing CCHC an opportunity to show the film as well, once it was purchased. CCHC sub-committee decided to wait on Roosevelt County Health Council to move forward on this action before making any concrete plans for it's use. At this point Gentry stated that the film rights cost \$1500. Suggestions were made to ask the company to get it for free, but Gentry stated that RCHC tried the same thing but were told they still needed to purchase the rights at \$1500. Some possibilities were discussed as to how to either purchase the film rights or borrow it. All were tabled to wait till the September 2019 CCHC regular meeting to discuss it. Burch went on to say that at the sub-committee meeting matters were discussed on rewording the focus area to “Improving Mental Health to Prevent Suicides” from the original “Suicide Prevention.” Burch stated that other discussions were to plan out an Action Plan to raise awareness on mental health and suicide from social media campaigns, to promotional items, holding events. Other programs or events Burch would like to create QPR trainings, purchasing the film rights, and forming survivor Support Groups. Gentry announced that she would try to get a viewing together in the Department of Health in Portales in the next week or so. Burch then asked for the creation of another sub-committee be formed to discuss and form plans to further the suicide prevention plans. Chair Henderson said yes that was fine but to only for discussion of the Ripple Effect film and how to show it, anything else would need to wait for an Executive Committee approval. Martinez commented that we have many events and bringing awareness to suicide through our other events for example the upcoming Families Talk event. Over drinking

in teens can sometimes lead to suicide or thoughts of suicide. We would need the Executive Council to approve the need for a sub-committee and then put it on the agenda for the next meeting.

Janette Chavarria talked about the Out of the Darkness Walk to be held on September 28, 2019. She passed out flyers and gave a background on why she decided to form a Clovis Branch of the Suicide Prevention Foundation. Chavarria told of her brothers' suicide in 2017, her father's suicide 2017, her son's suicide in 2017, just a few months before the first walk was scheduled to be held. She was asked if she wished to continue this work by the director in Albuquerque and Chavarria accepted. Chavarria noted that donation dollars were down slightly this year and that the number of walkers, and volunteers was down as well. She also stated that more vendors were needed for this year walk. All money collected goes to the hotline and finding out why people turn to suicide instead of reaching for help. Need counselors to help the participants who are mostly survivors or families of suicide. No vendors form is needed. Just need to contact Janette. She gave her e-mail and stated she needed water donations and help with tables and chairs.

Chair Henderson announced that the health Council has its Southeast Regional Training meeting coming up in November on the 8 that Henderson and Alman will need to attend to satisfy a deliverable and an Annual Meeting of County and Tribal Health Councils scheduled for October 29, 2019. There was confusion as to the necessity of attending this meeting as it will be held in Albuquerque. Gentry helped solve the confusion by telling us that she thought that the actual training would need to be given to the entire health council to be satisfied as a deliverable. It was decided that Henderson and Alman would decline this meeting, but make plans to travel to Roswell in November.

No one from Familia Dental was present for the discussion on the National Pepperoni Pizza Day to be held on that Saturday, September 20, 2019 from 3-6 pm at Familia Dental, so the flyer and vendor forms were passed to all who wanted to set up for that event.

Ruthann Kelly from City of Clovis Senior Services was on hand to help with the Friendship Senior Center Health and Information Expo to be held on October 23, 2019. From 10-3 pm at Friendship Senior Center. Kelly stated that there were 3 tables left for any vendors who would like to participate.

Henderson announced the NMDOT Child Safety Seat, Saturday, September 21, 2019 from 10-12 at Wal-Mart parking lot.

Shelley Meeks handed out flyers for Red Ribbon week to be held October 23 – 31, 2019. The flyer outlined the contest as a decoration contest urging local business and community members to decorate their front window, door or window using the 2019 theme of "Send a Message. Stay drug Free" and place a photo on Facebook to enter the contest by October 25, 2019 while using hashtags on flyer.

Chair Henderson stated that OSAP received a \$750 grant from SAMSHA to be used in a Town Hall Meeting for underage drinking. Henderson went on to explain that there is a sub-committee related to this event and that the committee members are working on a different name for this

forum and trying to nail down a time as well. The target population is families, grandparents, and siblings. There will be a three-part presentation with three speakers on three different topics of interest. Day care will be provided at no cost to the parents by Future Generations. Dinner will be served. The Day is tentatively set for November 12, 2019 at Clovis Community College.

Other Health Council Members' Status Report

Cathy Wehlage: Compassus Hospice announced an open house scheduled for September 24, 2019 from 4-7 pm at their office at 1200 – A W. 21st St. Wehlage stated that the office had been revamped and welcomed all to come see the new office and meet the staff.

Mitch Gray: Alman, in Grays place announced that the BI testing was starting for the year and that Gray wanted volunteers to help again this year and would send out dates and times. Call or e-mail him if wanting to volunteer.

Marco “Nito” Hicks: Hicks started off by saying he is an epileptic and is wanting to start an epileptic Foundation here as we are one of eight states who do not have a foundation for epilepsy. Hicks is forming a support group for families and individuals with the disease and would like to start a walk to support the Epilepsy Foundation. He has support from an Epilepsy Foundation in Missouri and will be provided posters to put up in the community. Hicks has the support of the Clovis school system and some business around town and would like to join the CCHC.

Jasmine Johnson: La Casa Family Health asked Alman to give out the flyers for the “Healthy Minds, Healthy Bodies, Healthy Development” La Casa Family Health Colors 5K Fun Run and Health Fair held at Hillcrest park from 8:30-12 pm on September, 21, 2019.

Meeting adjourned

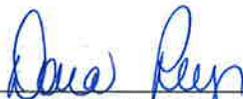
Next meeting: Thursday, October 17, 2019 at 417 Gidding Street, 12:00pm – 1:00 pm.



Tanya Henderson, CCHC Chairman

10/17/2019

Date



CCHC Coordinator

10-17-19

Date